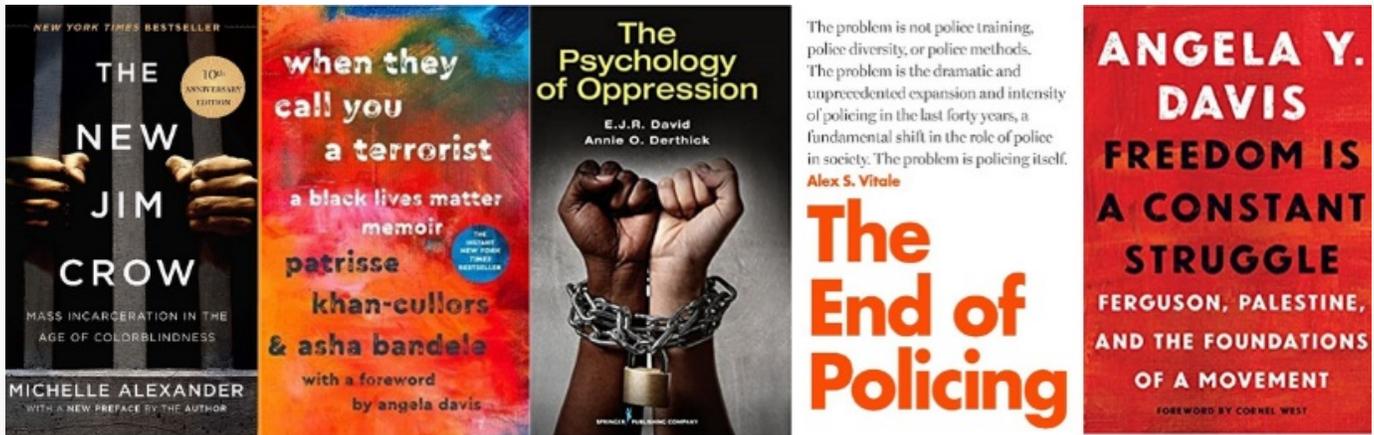




Monthly Wrap-up

news & updates

June 1, 2020 | Issue 14



This month has been heavy. Police brutality and racism remains as rampant as ever. Last month, we learned that minority communities are heavily impacted by COVID-19. This month, we see that targeted police killings refuse to halt during a global pandemic. It is a heavy time for People of Color. It is a crucial time for us advocates to act. It is important to take action through petitions, advocacy work and community building – but educating ourselves and challenging our biases is equally important.

Below are great books that dive deep on issues of racism, police brutality, anti-blackness and criminal justice reform:

The New Jim Crow: The New Jim Crow is a stunning account of the rebirth of a caste-like system in the United States, one that has resulted in millions of African Americans locked behind bars and then relegated to a permanent second-class status—denied the very rights supposedly won in the Civil Rights Movement.

When They Call You A Terrorist: A Black Lives Matter Memoir: Patrisse Cullors' first book cowritten by Ashe Bandele, is a poetic memoir and reflection on humanity. Patrisse's story asks us to remember that protest in the interest of the most vulnerable comes from love. Leaders of the Black Lives Matter movement have been called terrorists, a threat to America. But in truth, they are loving women whose life experiences have led them to seek justice for those victimized by the powerful. In this meaningful, empowering account of survival, strength, and resilience, Patrisse Cullors and Asha Bandele seek to change the culture that declares innocent black life expendable.

The Psychology of Oppression: Written in an engaging and relatable manner, this book reviews the psychological theories and research on the topic of oppression—its evolution, its various forms, and its consequences. Painful historical examples and modern-day occurrences of oppression including mass incarceration, LGBTQ and transgender issues, police brutality, immigration reform, anti-Muslim sentiments, and systemic racism are explored. How oppression exists and operates on various levels, the mental and behavioral health consequences of oppression, and promising clinical and community programs to eradicate oppression are reviewed. The authors hope that by providing readers with a basic understanding of oppression, it will motivate them to combat bias to create a more just, harmonious, and healthy world.

The End of Policing: This book attempts to spark public discussion by revealing the tainted origins of modern policing as a tool of social control. It shows how the expansion of police authority is inconsistent with community empowerment, social justice— even public safety. Drawing on groundbreaking research from across the world, and covering virtually every area in the increasingly broad range of police work, Alex Vitale demonstrates how law enforcement has come to exacerbate the very problems it is supposed to solve.

Freedom Is A Constant Struggle: Activist and scholar Angela Y. Davis has been a tireless fighter against oppression for decades. Now, the iconic author of *Women, Race, and Class* offers her latest insights into the struggles against state violence and oppression throughout history and around the world. Reflecting on the importance of black feminism, intersectionality, and prison abolitionism, Davis discusses the legacies of previous liberation struggles, from the Black Freedom Movement to the South African anti-Apartheid movement. She highlights connections and analyzes today's struggles against state terror, from Ferguson to Palestine.

Self-Assessment During COVID-19

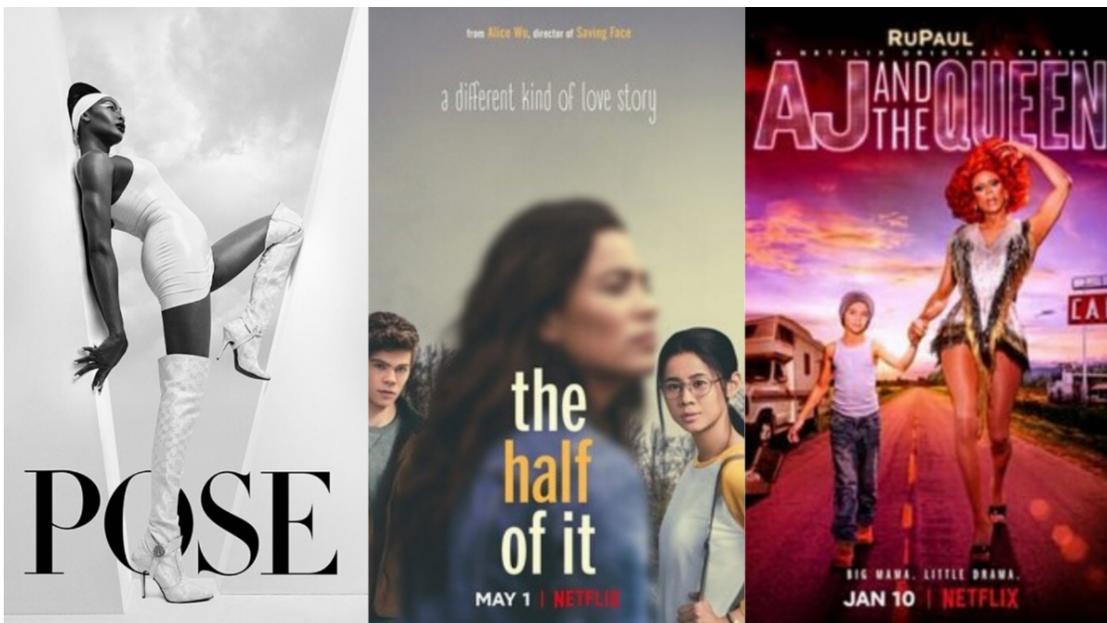
Have you noticed any changes within yourself? If you're a student, has it become increasingly difficult to do your homework? For those working at home, is it a struggle to do tasks that normally are easy to accomplish? While some individuals are thriving during quarantine, most of us are trying to adjust.

It's difficult to do normal things during abnormal times, let alone during a pandemic. Sometimes the best thing you can do for today is to do nothing at all. Social distancing doesn't mean you have no excuse to accomplish your biggest goals. *It means there's a worldwide pandemic.* You don't have to write that great novel, you can let your body adjust to the collective trauma of this pandemic.

Princeton has an amazing wellness self-assessment that you can take to see where you're at in each level of wellness: emotional wellness, environmental wellness, intellectual wellness, occupational wellness, physical wellness, social wellness and spiritual wellness.

[Click here to take the Princeton U Matter Wellness Self-Assessment](#)

Celebrating Pride



June is Pride Month where we pay tribute to those involved in the Stonewall Riots and

celebrate the many sexual and gender identities within the LGBTQIA+ community. While this pandemic has limited the ability for cities to celebrate PRIDE with festivals and parades, we can still use this time to amplify LGBTQIA+ voices and stories.

Below are top rated LGBTQIA+ shows:

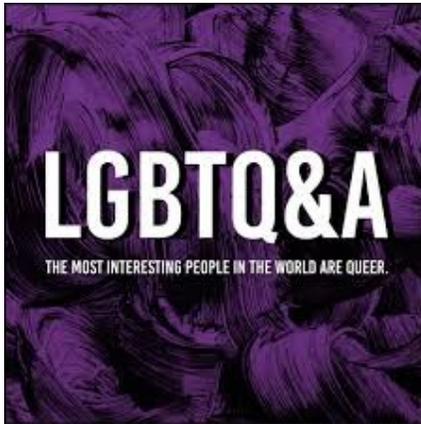
POSE: Pose is set in the world of 1987 and looks at the juxtaposition of several segments of life and society in New York: the rise of the luxury universe, the downtown social and literary scene, and the ball culture world in the Black and Latinx LGBTQIA+ community. Available to watch on Netflix and HBO.

The Half Of It: This is a coming of age story of teen Ellie Chu as she agrees to write a love letter for a jock. She doesn't expect to become his friend, or fall for his crush. This romcom is written by Alice Wu, a Lesbian film writer, director and screenwriter that centers her stories on Asian experiences. Available to stream on Netflix.

AJ and the Queen: While traveling across the country in a run-down RV, drag queen Ruby Red (RuPaul Charles) discovers an unlikely sidekick in AJ: a tough-talking 10 year-old stowaway. Available to stream on Netflix.

[Click here to learn about Safe Passage's Pride Events](#)

Recommended Podcast



LGBTQ&A

Hosted by Jeffrey Masters, a writer producer and the Director of Podcasts at Pride Media. Each week Jeffrey interviews the most interesting LGBTQ people in the world. Recent guests include Laverne Cox, Roxane Gay, Pete Buttigieg and Trixie Mattel. This podcast is produced in partnership with GLAAD, Gay Lesbian Alliance Against Defamation. To listen and learn more, visit their website [here](#).

Join our Volunteer & Intern Facebook Group

We have created a private Facebook group just for the volunteers and interns of Safe Passage! The space will serve as a place where volunteers and interns, both past and present, can share their experiences, get support, and provide resources to each other! As a member of the group, you'll also receive updates on the next volunteer & intern monthly event, newsletters, and more!

Please check your emails and notification to accept the group invite if you feel comfortable!



Tell us how we're doing!

Is your volunteer experience meeting your expectation? Are there ways your internship can improve? Take the anonymous survey below to let us know! Your feedback is highly appreciated and will help us improve our program so you get the most out of your experience!

[TAKE SURVEY](#)

Safe Passage

