



# Monthly Wrap-up

## news & updates

April 1, 2020 | Issue 12

### A Message from your Volunteer Coordinator, Pamela Rosales

Safe Passage's priority is the health and well-being of our clients, staff, volunteers and interns. With the daily challenges continuing due to COVID-19, we have made the decision to post-pone all volunteer and internship service hours until May 1<sup>st</sup> to ensure everyone's health.

I want to thank each of you for your dedication to ending domestic violence and sexual assault in our community. Some of you have expressed interest in continuing your volunteer/internship hours during this sensitive time, and I must say that Safe Passage is truly lucky to have volunteers and interns that are so committed to our clients and our mission!



### Join our Volunteer & Intern Facebook Group



We have created a private Facebook group just for the volunteers and interns of Safe Passage! The space will serve as a place where volunteers and interns, both past and present, can share their experiences, get support, and provide resources to each other! As a member of the group, you'll also receive updates on the next volunteer & intern monthly event, newsletters, and more!

Please check your emails and notification to accept the group invite if you feel comfortable!

### Binge-Worthy Shows While Social Distancing



Social distancing might bring up unsettling feelings of anxiety and depression. While it's important to stay up to date with COVID-19, it's equally important to take a break and recharge. Below are my highly recommended comedy binge-worthy shows that can help you de-stress during this time:

#### **INSECURE:**

This American comedy-drama television series is written by Issa Rae and is partially based on her acclaimed web series Awkward Black Girl. Watch as Issa Dee struggles to navigate the tricky professional and personal terrain of Los Angeles along with her best friend Molly. Available on Hulu and HBO. Watch trailer [here](#).

#### **BLACK-ISH:**

Andre 'Dre' Johnson has a great job, a beautiful wife, Rainbow, five kids, and a colonial home in the 'burbs. But has success brought too much assimilation for this black family? Available on Hulu. Watch trailer [here](#).

#### **I AM NOT OKAY WITH THIS:**

This is a coming-of-age comedy-drama Netflix series based on the comic book by Charles Forsman. Watch as Angsty Syd navigates high school awkwardness, family drama and an unrequited crush on her best friend while trying to rein in her budding superpowers. Watch the trailer [here](#).

#### **THE GOOD PLACE:**

This comedy series focuses on Eleanor Shellstrop, who arrives in the afterlife to "The Good Place", a highly selective Heaven-like utopia, as a reward for her righteous life. However, she realizes that she was sent there by mistake and must hide her morally imperfect behavior while trying to become a better and more ethical person. Watch trailer [here](#).

#### **GHOSTED:**

This supernatural sitcom stars Craig Robinson and Adam Scott as two polar opposites recruited to investigate paranormal activity in Los Angeles. Watch the trailer [here](#).

### Recommended Podcast

#### The Good Ancestor Podcast

This podcast, hosted by Layla F. Saad, are conversations with change-makers and culture-shapers on how they can be good ancestors in leaving an anti-racist legacy.

Layla is a globally respected writer and speaker on the topics of race, identity, leadership, personal transformation and social change. She is the author of Me and White Supremacy. Her podcast centers black women, Muslim women of color, and LGBTQIA+ changemakers. The podcast is available on Apple and



**GOOD ANCESTOR  
PODCAST**  
**LAYLA SAAD**

**April is Sexual Assault Awareness Month**



Out of an abundance of caution surrounding COVID-19, we have decided to postpone ALL upcoming events – Walk a Mile (April 4), At the Heart of Gold Documentary Screening (April 16), and Take Back the Night (April 30). We're hopeful to reschedule our events and will share details when we are able. In the meantime, we'll continue to stay connected online through social media and take a stand against sexual violence together in our community. Follow us on [Facebook](#), [Instagram](#), and [Twitter](#)!

**Participate in Sexual Assault Awareness Month with us, but from a safe distance! Follow us on [Facebook](#) to connect with us through our online events this April!**

- April 4: Walk a Millimeter – [click here for more details](#).
- April 30: Take Back Our Screens – [click here for more details](#).
- Join us for an online book club every Wednesday (April 1-May 20), as we read Chanel Miller's memoir, Know My Name. For more information, [click here](#).
- Parents, tune in to our Facebook page every Thursday in April to hear a live book reading! For more information, [click here](#).

**Tell us how we're doing!**

Is your volunteer experience meeting your expectation? Are there ways your internship can improve? Take the anonymous survey below to let us know! Your feedback is highly appreciated and will help us improve our program so you get the most out of your experience!

**TAKE SURVEY**

