



DOMESTIC VIOLENCE SURVIVORS GROUP COUNSELING

CHILDREN'S SUPPORT GROUP

AN OPPORTUNITY FOR CHILDREN WHO HAVE EXPERIENCED VIOLENCE IN THEIR HOMES TO KNOW THEY ARE NOT ALONE, AND TO ENJOY PLAY AND ART ACTIVITIES TOGETHER.

MONDAYS 6PM-7:30PM.

DV PARENT SUPPORT GROUP

A PLACE WHERE PARENTS CAN ENCOURAGE EACH OTHER, SHARE EXPERIENCES AND GET SUPPORT FROM OTHERS WHO UNDERSTAND WHAT THEY ARE GOING THROUGH.

MONDAYS 12:30PM-1:30PM.

ADULT SUPPORT GROUP

A WEEKLY GROUP MEETING PROVIDING AN EMOTIONALLY SAFE ENVIRONMENT IN WHICH SURVIVORS CAN GATHER TO ACHIEVE A LEVEL OF HEALING AND UNDERSTANDING THROUGH EDUCATIONAL DISCUSSION AND THE SHARING OF MEMBER EXPERIENCE.

MONDAYS 6PM-7:30PM.

DV SELF-ESTEEM GROUP

THE SELF-ESTEEM GROUP IS DESIGN TO INCREASE THE SENSE OF SELF-WORTH IN DOMESTIC VIOLENCE SURVIVORS.

WEDNESDAYS 5:30PM-6:30PM.